

SMALL PLATES

3 for 13.00

KARAAGE CHICKEN SATAY™ 5.50

Boneless bite-sized chicken drizzled in a satay™ sauce. 466kcal

KOREAN CRISPY BEEF TACOS* 5.95

Korean style BBQ crispy beef with Som Tam dressed Asian slaw, fresh chilli, coriander and spring onions tucked up in 3 tortilla tacos. 387kcal

CRISPY SATAY™ CHICKEN TACOS 5.95

Crispy satay™ chicken with Som Tam dressed Asian slaw, fresh chilli, coriander and spring onions tucked up in 3 tortilla tacos. 410kcal

PADRON PEPPERS 🌶️ 4.75

Sprinkled with Maldon sea salt. 25kcal

SALT & PEPPER SQUID 5.95

Crispy salt & pepper squid with Gochujang mayo. 294kcal

HALLOUMI FRIES 🍟 5.75

Lightly dusted halloumi fries with Gochujang mayo. 440kcal

INDIAN INSPIRED CAULIFLOWER WINGS 🌶️ 5.25

Cauliflower wings in a crisp curried batter. Served with a cool coconut & mint raita. 229kcal

PERFECT FOR TWO

SON OF STEAK TASTE BOARD 18.50

Perfect for sharing! A delicious mix of Karaage chicken bites, Padron peppers, satay™ chicken tacos and tender flat iron beef skewers. Served with Som Tam dressed Asian slaw, crispy Vermicelli noodles and a variety of dipping sauces. 1266kcal

CHICKEN

STEP 1: Choose your Fried chicken!

SOUTHERN FRIED WINGS

Three 433kcal 5.95
Six 867kcal 8.95

SOUTHERN FRIED BONELESS

One piece 323kcal 5.50
Two pieces 646kcal 8.50
Three pieces 970kcal 11.25

BUTTER BASTED & BONELESS 8.95

A succulent whole boneless chicken leg basted in butter and cooked over a hot griddle so the skin is crispy and finished with a sprinkle of Maldon sea salt. 609kcal

SALADS

STEP 1: Pick your base

ASIAN CHOPPED SALAD 11.50

Crunchy cos lettuce, Asian slaw with fresh chilli, coriander and spring onions. Dressed in a Som Tam sauce and topped with crispy Vermicelli noodles. 358kcal

THAI STYLE RICE BOWL 🌶️ 10.95

Fragrant Basmati rice, crunchy broccoli, mooli and red cabbage with fresh chilli, coriander and crispy onions. Dressed in a Som Tam sauce. 438kcal

STEP 2: Choose your Bumbu glaze!

Classic Bumbu* 66kcal per portion

Cool Coconut & Lime Bumbu* 80kcal per portion

Satay™ 82kcal per portion

Korean style BBQ* 74kcal per portion

DOUBLE BUTTER BASTED & BONELESS 15.50

It's so tasty, why not have two? 1082kcal

STEP 2: Pick your topper

FLAT IRON STEAK (+5.25) 476kcal

BONELESS CHICKEN LEG 471kcal

KOREAN STYLE BBQ CRISPY BEEF* 230kcal

HALLOUMI FRIES 🍟 348kcal

SOUTHERN FRIED BONELESS 323kcal

SON OF STEAK

STEAK

WE SELECT PREMIUM, TRACEABLE STEAKS FROM TRUSTED SUPPLIERS, CHOOSING BREEDS KNOWN FOR THEIR OUTSTANDING FLAVOUR AND TENDERNESS. OUR CATTLE, PRODUCE RICHLY MARBLED MEAT THAT COOKS UP TO BE JUICY AND DELICIOUS.

EACH STEAK IS CAREFULLY AGED FOR AT LEAST 28 DAYS AND HAND-CUT BY OUR SKILLED BUTCHERS, MAKING SURE YOU SINK YOUR TEETH INTO ONLY THE TOP 4% OF THE MEAT, PROMISING A STEAK EXPERIENCE YOU WON'T FORGET!

PRIME CUTS

5oz FILLET MEDALLION 17.75

Delicate and tender medallion of 50 day aged Black Angus fillet steak. *Best served rare.* 313kcal

10oz FILLET MEDALLION 29.50

Two 50 day aged medallions of tender Black Angus fillet steak. *Best served rare.* 489kcal

10oz RIBEYE 20.50

50 day aged and cut from the top of the rib for extra tenderness and flavour. *Best served medium.* 856kcal

8oz BLACK ANGUS SIRLOIN 18.25

Cut from the loin and served sliced. *Best served medium rare.* 555kcal

8oz RUMP 13.50

Firm in texture and rich in flavour. *Best served medium.* 547kcal

FLAT IRON

8oz FLAT IRON 11.50

Cut from the sweet spot of the chuck between the shoulder and the neck. Seared, sliced and served slightly pink. Tender and very tasty! 476kcal

DOUBLE FLAT IRON 952kcal 19.95

8oz FLAT IRON & BONELESS CHICKEN LEG 16.95

Love steak? Love chicken? Have both!

Our famous flat iron and a boneless chicken leg basted in butter and cooked over a hot griddle. 949kcal

VEGAN FLAT IRON 🌱 9.50

Our plant-based 'steak' made from pea protein that looks & cooks like meat. 437kcal

LIMITED EDITION

Availability is limited so check before you order!



12oz NY STRIP 22.95

Sirloin on the bone, for maximum tenderness. *Best served medium rare.* 1063kcal

20oz T-BONE 34.95

Cut from the short loin and garnished with crispy onion loaf and Asian chopped salad. *Best served medium rare.* 1422kcal

HOUSE SAUCES

ALL 1.75

KOREAN STYLE BBQ* 🌶️ 149kcal

SATAY™ 165kcal

BEEF DRIPPING GRAVY 126kcal

PEPPERCORN* 66kcal

CLASSIC BUMBUM* 133kcal

COOL COCONUT & LIME BUMBUM* 160kcal

BURGERS

OUR SMASH BURGERS ARE CRAFTED TO CREATE THE MOST FLAVOURFUL AND SUCCULENT BURGER, DELIVERING UNBEATABLE MOISTURE AND A RICH, BEEFY FLAVOUR. WE USE THE SMASH TECHNIQUE TO CARAMELIZE THE PATTIES, ENHANCING BOTH TEXTURE AND TASTE.

EACH BURGER COMES NESTLED IN A FRESH BUN WITH LETTUCE, GHERKINS, A SLICE OF BEEF TOMATO, AND MAYO. PREFER IT BUNLESS? JUST LET US KNOW!

DIRTY MAC 'N' BARBACOA 10.95

Topped with pulled Barbacoa brisket, smoked Cheddar, our classic mac 'n' cheese and our famous tangy steak sauce. 1252kcal

EASY CHEESE 8.95

Topped with oozing smoked Cheddar. 969kcal

CRISPY CHICKEN SATAY™ 9.95

Succulent boneless southern fried chicken topped with Som Tam dressed Asian slaw, crispy Vermicelli and satay™ sauce. 492kcal

STEAK 'N' TRUFFLE 13.50

Topped with slices of our famous Flat Iron steak, smoked Cheddar, crispy onion loaf and truffle infused mayo with a pouring pot of hot beef dripping sauce. 1554kcal

CLASSIC CRISPY CHICKEN 9.95

Succulent boneless southern fried chicken topped with crispy bacon and smoked Cheddar. 474kcal

CHEESE & BACON 9.75

Topped with a maple cured streaky bacon & smoked Cheddar. 1048kcal

NO FRILLS BEEF 8.25

Just a beefburger... simply delicious! 885kcal

CRISPY INDIAN INSPIRED BURGER 🌶️ 9.75

Cauliflower wings in a crispy curried coating topped with onion loaf, cucumber & coconut raita. 749kcal

BEYOND MEAT® BURGER 🌱 9.50

Beyond Meat® Burger, tasty & meat free with a vegan alternative to mature cheddar. 708kcal

Double up your smash burger for 2.50 505kcal

ADD A SIDE OR TWO

PERFECT ACCOMPANIMENTS FOR YOUR STEAKS, BURGERS AND CHICKEN DISHES.

3.75 each or 2 for 5.50

HAND-CUT SKIN ON FRIES 🍟 277kcal

CRISPY ONION LOAF 🍞 156kcal

SWEET POTATO FRIES 🍟 (+1.00) 455kcal

HOUSE SLAW 🥗 257kcal

ASIAN CHOPPED SALAD

Topped with Som Tam dressing. 118kcal

ASIAN STYLE BROCCOLI 🌱

With Som Tam dressing. 65kcal

BASMATI RICE 🍚

With coriander, chilli & crispy onions. 272kcal

CUCUMBER SALAD 🥗

With red onion and mint. 51kcal

SOUTHERN FRIED BUTTON MUSHROOMS 🍄 271kcal

INDIAN INSPIRED CAULIFLOWER WINGS 🌶️ 229kcal

SHARING SIDES

Perfect for two

DIRTY BARBACOA FRIES 6.95 MAC 'N' CHEESE 🍝 5.75

Hand-cut fries topped with pulled Barbacoa beef, smoked cheddar, beef dripping gravy and crispy onion loaf. 979kcal

Classic macaroni cheese topped with a savoury crunchy crumb. 651kcal



Printed on FSC® certified paper using vegetable based inks by a printer who holds ISO 14001 environmental management accreditation. This menu can be recycled along with all other paper and card recycling.

ALLERGENS

Our easy to use allergen guide is available for you to use on the food section of our website or on our Glass Onion app. We keep it online so that it's always up to date as possible and you can filter out dishes containing any of the 14 major allergens. If you can't access the internet, we will be happy to provide you with the information. Our food and drinks are prepared in food areas where cross contamination may occur and our menu descriptions do not include all ingredients. If you have any questions, allergies or intolerances, please let us know before ordering.

🌱 = made with vegetarian ingredients. 🌶️ = made with vegan ingredients, however some of our preparation, cooking and serving methods could affect this. If you require more information, please ask your server. * Dishes containing alcohol. Alcohol is only served to over 18s. ~ Our satay sauce does not contain peanuts. All items subject to availability. Prices include VAT at the current rate. Our full privacy policy can be found at www.mbpic.com/privacy. Adults need around 2000kcal a day. All calories are correct at the time of menu print. Live nutrition information is available online.